P.E. TIME ALLOCATION – YEAR 3 AND YEAR 4 (UPDATED 2012)

Term 1 Autumn 1	Term 2 Autumn 2	Term 3 Spring 1	Term 4 Spring 2	Term 5 Summer 1	Term 6 Summer 2
(1 hour) Games –rotation each half term of football/netball/hockey/rugby				Games – rotation of cricket/tennis/rounders	
(¾ hour) Yr 3 Gym (Symmetry) Yr 4 Gym (Balance)	Yr 3 Dance. (Explorers) Yr 4 Dance (Indian)	Yr3 Gym (Arch/stretch/curve) Yr 4 Dance (country)	Yr 3 Dance (Machines) Yr 4 Gym (Rolling)	Athletics	
(¾ hour) Yr 3 OAA TeamGames Yr 4 Cross Country	Swimming Swimming	OAA Orienteering Health related-exercise	Swimming Swimming	OAA Orienteering OAA Orienteering	Swimming Swimming

P.E. TIME ALLOCATIONS – YEAR 5 AND 6

Term 1 Autumn 1	Term 2 Autumn 2	Term 3 Spring 1	Term 4 Spring 2	Term 5 Summer 1	Term 6 Summer 2
(1 hour) Games – rotation each half term of football/hockey/netball/rugby				Games – rotation of cricket/tennis/ rounders	
(¾ hour) Yr 5 Gym (Bridges) Yr 6 Gym (fromV.Sabin unit)	Yr 5 Dance (City Life) Yr 6 Dance (from V.Sabin unit)	Yr 5 Dance (Egyptians) Yr 6 Dance (from V.Sabin unit)	Yr 5 Gym (Flight) Yr 6 Gym (from V.Sabin unit)	Athletics	
(¾ hour) Yr 5 Swimming Yr 6 Swimming	Table Tennis Basketball	Swimming Swimming	OAA Skipping	Swimming Swimming	Basketball OAA(compass work)