



OCKLYNGE JUNIOR SCHOOL

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Dear Parents/ Carers,

As children have now returned to school we wanted to remind parents about the rules surrounding illness and attendance.

Covid19:

The main symptoms of coronavirus are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

If you have any of the covid19 symptoms you must arrange a PCR test as soon as possible and you and your family must self-isolate until you have your results. Isolation time is now 10 days. Please inform us at school as soon as possible.

Sickness & Diarrhoea:

Pupils need to remain off school for 48 hours after their last instance of sickness or diarrhoea.

Illness:

Children are generally expected to attend school if they have:

- runny nose or cold
- tummy ache
- headache
- sore throat

If your child does feel unwell at school then they are able to access the Medical Room where we can assess their needs, and then make contact with you at home. A decision can then be made about whether it is best for them to go home or remain in school.

Thank you for your support.

Kind regards,
Jon Reynard
Headteacher

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