



OCKLYNGE JUNIOR SCHOOL

Headteacher: Jon Reynard, Deputy Headteacher: Sandra Denton
Victoria Drive ● Eastbourne ● East Sussex ● BN20 8XN. Telephone: 01323725839
www.ocklynge.co.uk



Public Health and Attendance Information for the new academic year

Dear Parents,

I hope this letter finds you well and that you are adjusting to the 'new normal' and are receiving the information you need.

Much has changed in the way that we do things on a daily basis here at Ocklynge and I thank you all for being so patient and understanding as the new arrangements become embedded.

We will continue to ensure that Ocklynge is welcoming as we continue to develop and maintain positive relationships for all our families.

As we welcome our children back, we wish to assure you that although much has changed, school will still be a welcoming place of learning. We still value the relationships between teachers and families. These relationships are the base on which we can build support for children's learning.

As I mentioned last week, we are delighted with the way that children have returned; positive, enthusiastic and ready to learn. Thank you for helping us make sure that this has happened.

Public Health Information – Coronavirus (Covid 19)

We hope that this will not be necessary, but we need to be prepared so we have included the latest key guidance and advice regarding coronavirus. Information for parents and carers regarding schools and coronavirus will be regularly updated on the gov.uk website [here](https://www.gov.uk). I would recommend that you visit this website, and return to it occasionally as guidance is updated. We will of course signpost any updates to you as we become aware of them.



Please do not send your child in to school if they display coronavirus symptoms. The symptoms outlined by the NHS website are below:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

For the majority of people coronavirus will be a mild illness. Most people with coronavirus have at least one of these symptoms above. If your child does display these symptoms, keep them away from school and contact our Attendance Officers, Mrs Pescott or Miss Thorogood on 01323 725839 giving the reason for absence. Your child will need to self-isolate for 10 days and you will need to arrange a test. You can book a test through: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>. If a student becomes ill with these symptoms during the school day, we will arrange for that student to go home to self-isolate and ask parents to book them a test.



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Once your child has taken a test, please contact us to confirm either a positive or negative result. If the result is negative your child can return to school if they are feeling well enough and they are no longer have any symptoms similar to coronavirus. If the test result is positive they will need to self-isolate for 14 days after the symptoms started.

The graphic below shows the difference in the specific symptoms relating to Covid19, Flu, a cold, and seasonal allergies and you may find it useful when deciding whether or not to keep your child at home or whether to get a test for Covid 19. If you are in any doubt you can, of course, telephone us here at school.

SYMPTOM CHECKER				
Symptoms	Coronavirus	Cold	Flu	Seasonal Allergies
	<small>Symptoms range from mild to severe</small>	<small>Gradual onset of symptoms</small>	<small>Abrupt onset of symptoms</small>	<small>Symptoms may improve or worsen depending on environment</small>
Fever	Common	Rare	Common	Sometimes
Fatigue	Sometimes	Sometimes	Sometimes	Common
Cough	Common (usually dry)	Mild	Common (usually dry)	Common
Sneezing	No	Common	No	Common
Aches and pains	Sometimes	Common	Common	No
Runny or stuffy nose	Rare	Common	Sometimes	Common
Sore throat	Sometimes	Common	Sometimes	No
Diarrhea	Rare	No	Sometimes in children	No
Headaches	Sometimes	Rare	Common	Sometimes

This link takes you to a useful short video on this subject: <https://www.bbc.co.uk/news/av/health-54182329>

Additionally, if a member of your household other than your child develops the symptoms above and needs testing, then you must keep your child away from school until the test result is known. If negative, the child can return to school. If there is a positive result in the household, then all within the household should self-isolate for 14 days. The 14-day period starts from the day when the first person in the household became ill or if they do not have symptoms, from the day their test was taken. This means that you should keep your child away from school during this 14 day period. Please contact the attendance team if this is the case. You can refer to the [NHS website](https://www.nhs.uk) for further information regarding when and for how long to self-isolate.

In the event that a child, or group of children self-isolate we will provide learning for those students at home for them to access via dojo.

Continued.....



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South Downs Learning Trust

Attendance.

We have been really pleased with the attendance in this first week of term. It has been fantastic to see most of our children back in school. Thank you for your support in ensuring that your child, or children have returned to school after such a long time away for many. Excellent attendance this year will be crucial to get learning back on track and catch up on anything missed.



Communication

Working together and communication will be very important in ensuring that school remains a safe place for all of our children to learn in. We've been really pleased so far in how all of our children have adapted to the 'new normal' and feel it has been a very positive first week of term. Please do not hesitate to contact me, Mrs Denton or your child's head of year if you have any further questions or concerns:

- Jon Reynard, HT reynardj@ocklynge.co.uk
- Sandra Denton, DHT dentons@ocklynge.co.uk
- Year 3 Mrs Bode bodes@ocklynge.co.uk
- Year 4 Mrs Cavaliere cavalieren@ocklynge.co.uk
- Year 5 Mrs Linzey linzeyz@ocklynge.co.uk
- Year 6 Miss Hatt hattj@ocklynge.co.uk

We look forward to continuing to work closely with you this year

Kind regards,

Jon Reynard

Jon Reynard

COVID-19: Five steps to look after yourself and others

